

Thank You Volunteers

 **JN Phillips Auto Glass**



Thank You  
to our  
Coaches & Families  
for your cooperation  
and patience  
throughout the  
weekend.



Special Olympics  
Massachusetts

Track and Field Program

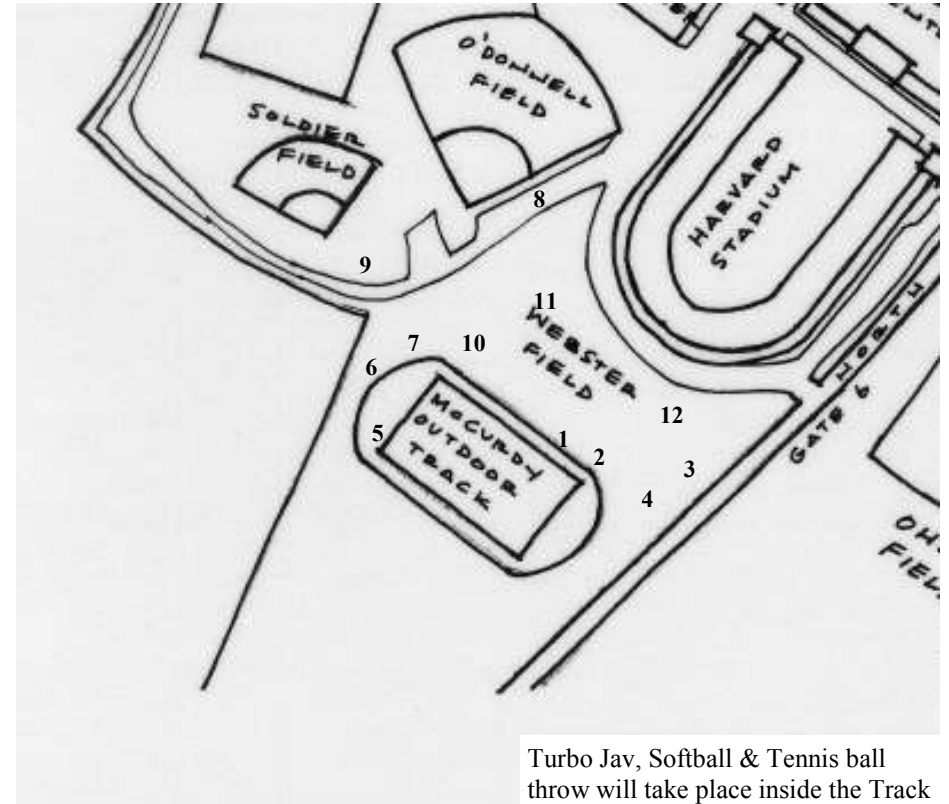
*Summer Games*  
*2011*

June 17th –19th  
Harvard University Athletic Complex

# Saturday Track Schedule

Time	Event	Staging Tent	Track Side	Heats
7:30—8:30 AM	Volunteer Check in and Training			
9:00 AM	100M Wheelchair	5	B	
	25M Wheelchair Obstacle Course	5	B	
	10M Wheelchair	5	B	
	25M Wheelchair	5	B	
	30M Wheelchair Slalom	5	B	
	10M Assisted Walk	5	B	
	25M Assisted Walk	5	B	
	50M Assisted Walk	5	B	
11:30 AM	25M Walk	5	B	
	50M Walk	5	B	
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7:30-8:30 AM	Volunteer Check in and Training			
8:30 AM	Running Long Jump (Ages 16-21)	3&4		F04-F06 / M06-M10
	Unified Running Long Jump (Ages 16-21)	3&4		F04
8:45 AM	Softball Throw (Ages 22+)	3&4		F15-F27 / M29-M48
	Turbo Jav (Ages 22+)	3&4		F07-F13 / M13-M24
	Unified Softball Throw (Ages 22+)	3&4		F02-F03
	Unified Turbo Jav (Ages 22+)	3&4		
9:00 AM	100M Dash (Ages 8-15)	1&2	A	F01-F08 / M01-M18
	Unified 100M Dash (Ages 8-15)	1&2	A	C01-C02 / F01-F02 / M01-M03
9:30 AM	Pentathlon	3		
	Unified Pentathlon	3		
10:00 AM	Running Long Jump (Ages 22+)	3&4		F07-F09 / M11-M15
	Unified Running Long Jump (Ages 22+)	3&4		F05-F06
10:30 AM	100M Dash (Ages 16-21)	1&2	A	F09-F17 / M19-M38
	Unified 100M Dash (Ages 16-21)	1&2	A	C03 / F03 / M04
10:45 AM	Softball Throw (Ages 8-15)	3&4		F01-F07 / M01-M13
	Turbo Jav (Ages 8-15)	3&4		F01-F4 / M01-M6
	Unified Softball Throw (Ages 8-15)	3&4		F01 / M01
	Unified Turbo Jav (Ages 8-15)	3&4		F01 / M01
12:00 PM	Running Long Jump (Ages 8-15)	3&4		F01-F03 / M01-M05
	Unified Running Long Jump (Ages 8-15)	3&4		C01-C03 / F01-F03 / M01-M03
	100M Dash (Ages 22+)	1&2	A&B	F18-F30 / M39-M61
	Unified 100M Dash (Ages 22+)	1&2	A&B	C04 / F04-F05 / M05-M06
	Softball Throw (Ages 16-21)	3&4		F08-F-14 / M14-M28
	Turbo Jav (Ages 16-21)	3&4		F05-F06 / M07-M12
	Unified Softball Throw (Ages 16-21)	3&4		
	Unified Turbo Jav (Ages 16-21)	3&4		
1:00 PM	Tennis Ball Throw	3&4		
1:30 PM	4x100M Relay (Ages 8-21)	1&2		C01-C05 / F01 / M01-M04
2:15PM	4x100M Relay (Ages 22+)	1&2		C06-C11 / F02-F-03 / M05-M08
2:45 PM	Unified 4X100M Relay	1&2		

# Track and Field Map



Turbo Jav, Softball & Tennis ball throw will take place inside the Track

Tent 1: Male Track Staging Tent  
 Tent 2: Female Track Staging Tent  
 Tent 3: Male Field Events Staging Tent  
 Tent 4: Female Field Staging Tent  
 Tent 5: Wheelchair, Assisted, 25M & 50M Walk Staging Tent

Tent 6: Awards Tent  
 Tent 7: Awards Tent  
 Tent 8: Awards Tent

Tent 9: Lunch Distribution  
 Tent 10: Medical Tent  
 Tent 11: Track Shade Tent  
 Tent 12: Volunteer Registration (**Volunteers Only! Not to be used as a shade tent**)

\*\*\*\*Please refer to the "Staging Information Page " to see which tent your events are staged.

Please Note: All start times **are approximate**; Staging for your event may happen 15-20 minutes prior to event time

# Staging Information

## Track Staging: Webster Field outside McCurdy Track

### Male Staging Tent #1

Male 50M Dash  
Male 100M Walk  
Male 100M Dash  
Male 200M Dash  
Male 400M Walk  
Male 400M Dash  
Male 800M Walk  
Male 800M Dash  
Male 1500M Walk  
Male 1500M Run  
Male 3000M Walk  
Male 3000M Run  
Male 4x100M Relay

### Male Unified 4x100M Relay

### M/F/C 4x400M Relay

### Unified 4x400M Relay

### Male Unified 50 M Dash

### Male Unified 100M Dash

### Male Unified 200M Dash

### Female Staging Tent #2

Female 50M Dash  
Female 100M Walk  
Female 100M Dash  
Female 200M Dash  
Female 400M Walk  
Female 400M Dash  
Female 800M Walk  
Female 800M Dash  
Female 1500M Walk  
Female 1500M Run  
Female 3000M Walk  
Female 3000M Run

### Female 4X100M Relay

### Coed 4x100M Relay

### Female Unified 4x100M Relay

### Coed Unified 4x100M Relay

### Female Unified 50M Dash

### Coed Unified 50M Dash

### Female Unified 100M Dash

### Coed Unified 100M Dash

### Female Unified 200M Dash

### Coed Unified 200M Dash

### Male Field Staging Tent #3

Male Softball Throw  
Male Turbo Jav  
Male Unified Softball Throw  
Male Unified Turbo Jav  
Male Running Long Jump  
Male Unified Running Long Jump  
Male Tennis Ball Throw  
Male High Jump  
Male Standing Long Jump  
Male Shot Put  
Pentathlon  
Unified Pentathlon

### Female and Coed Field Staging Tent # 4

Female Softball Throw  
Female Turbo Jav  
Female Unified Softball Throw  
Coed Unified Softball Throw  
Female Unified Turbo Jav  
Coed Unified Turbo Jav  
Female Running Long Jump  
Female Unified Running Long Jump  
Coed Unified Running Long Jump  
Female Tennis Ball Throw  
Female High Jump  
Female Standing Long Jump  
Female Shot Put  
Female Unified Shot Put  
Coed Unified Shot Put  
Female Wheelchair Shot Put

### Wheelchair Assisted Walk 25M & 50M Walk Tent #5

M/F 10M Assisted Walk  
M/F 10M Wheelchair Race  
M/F 100M Wheelchair Race  
M/F 25M Assisted Walk  
M/F 25M Wheelchair Race  
M/F 25M Motor WC Obstacle Race  
M/F 30M Wheelchair Slalom  
M/F 50M Assisted Walk  
M/F 25M Walk  
M/F 50M Walk

# Track and Field Team

State Liaison:	Jen Maitland Matt Ruxton
Event Director:	Dara Colleary
Event Director:	Bruce Hannon
Competition Chairs:	Tom Kostizak Stacey White
Venue Coordinator:	Mary Clark Corey Zarrella
Throwing Coordinator:	Dan Smith
Staging Directors:	Keith Dukat Laura Dumas Bill Formosi Ben Kulas Kyle Moran
Awards Directors:	Karen Curry Warren Kennedy Jay Lichtenstein Jan Spence
Pentathlon Director:	Ed Moy
Wheelchair & Asst Walks:	Rita Stokinger
Start Line Director:	Jim Pennington
Officials:	Sara Martinian Greg Murphy



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# Important Information

- 1) All Coed events, Unified and Relay's, (except 4x400) will be staged out of the Female Track Staging Tent
- 2) **All wheelchair, assisted walks and 25M and 50M walk races will be staged out of the Tent on the far side of the track.**
- 3) Once the Wheelchair, Assisted, 25M and 50M walks are complete we will begin using track side B for the remaining 100M dash's
- 4) All 4x400M relays (traditional, male, female and Unified) will be staged out of the Male Staging Tent
- 5) On Sunday, we will be using both track side A & B for all 50M dash's and 100M walks.
- 6.) **NO COACHES, PARENTS AND/OR SPECTATORS ARE ALLOWED INSIDE OF THE TRACK WE WILL HAVE SEATING IN THE BLEACHERS AS WELL AS STANDING ROOM AVAILABLE AGAINST THE FENCE. THE ONLY PEOPLE ALLOWED INSIDE THE TRACK ARE ATHLETES, OFFICIALS, WORKING VOLUNTEERS AND SOMA STAFF.**
- 7.) **Attention all Coaches:** Athletes will have fifteen (15) minutes from the time their name is called to be staged with their heat and ready to compete. If you have an athlete that missed their heat because they were not at the staging tent fifteen (15) minutes after the heat was called, then that athlete can compete in an open heat but he/she will only receive a participant ribbon. In the unlikely event where your athlete is late due to an overlapping competition, please have an assistant coach inform the staging area before the heat is called.
- 8.) All athletes should arrive at the staging tent thirty (30) minutes prior to scheduled competition. Once athletes have checked in, coaches, parents and chaperones are to proceed to the stands and are not permitted inside the competition area. At the conclusion of each race, athletes will be escorted to the awards area where they may rejoin coaches, parents and chaperones after the presentation of awards.
- 9) All events may be staged 15—20 minutes prior to events listed schedule time

**Please reference Staging Information page to see which events are staged out of which tent.**

**THE HONEST EFFORT OR SANDBAGGING RULE WILL BE ENFORCED** at this year's State Tournament for both Athletics and Aquatics. If a Competition Manager determines that an athlete has not competed with maximum effort in preliminary and/or divisioning rounds with the clear intent to gain an unfair advantage in the divisioning process, he/she has the right to sanction that athlete. If the athlete improves his/her time or distance by 25% it will result in disqualification based on 'unsportsmanlike conduct' and that athlete will receive a participation ribbon.

**Raytheon**  
**Integrated Defense Systems**

# Sunday Track Schedule

Time	Event	Staging Tent	Track Side	Heats
7:30 AM—8:30 AM	Volunteer Registration & Training			
8:00 AM	3000M Run 3000M Walk 1500M Walk	1&2 1&2 1&2		
8:30AM	1500M Run Shot Put (Ages 30+) Unified Shot Put (Ages 30+) Standing Long Jump (Ages 30+)	1&2 3&4 3&4 3&4		F05-F06 / M14-M22 M02 F07 /M09-M11
9:00AM	50M Run (Ages 16-29) Pentathlon High Jump	1&2 5	A&B	F04-F09 / M09-M19
9:30AM	50M Run (Ages 8-15)	1&2	A&B	F01-F03 / M01-M08
10:00 AM	Shot Put (Ages 16-29) Unified Shot Put (16-29) Standing Long Jump (16-29)	3&4 3&4 3&4		F01-F04 / M05—M13 M01/ C01 F03-F06 / M04-M08
10:15 AM	50M Run (Ages 30+)	1&2	A&B	F10-F13 / M20—M26
10:30 AM	High Jump	3&4		
11:00AM	Shot Put (Ages 8-15) Unified Shot Put (Ages 8-15) Standing Long Jump (Ages 8-15) Wheelchair Shot Put Pentathlon Shot Put 100M Walk	3&4 3&4 3&4 3&4 1&2		M01-M04 F01-F02 / M01-M03
11:30 AM	800M Walk	1&2		
11:45 AM	800M Run	1&2		
12:00 PM	200M Run 200M Unified	1&2 1&2		
1:00 PM	400M Walk	1&2		
1:30 PM	400M Run	1&2		

Please Note: All start times are approximate; Staging for your event may happen 15-20 minutes prior to event time

