



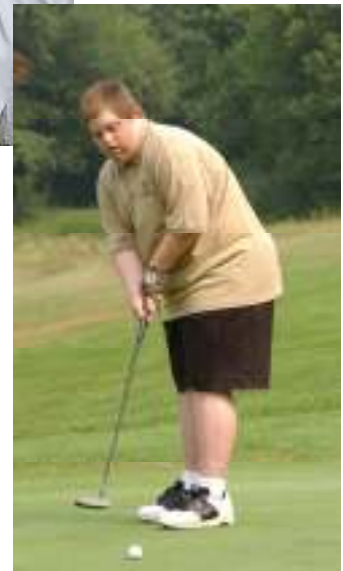
***Special Olympics***  
*Massachusetts*

# August Tournament 2011

August 13<sup>th</sup> & 14<sup>th</sup>

## EVENT HANDBOOK

- Bocce
- Cycling
- Fishing
- Golf
- Softball





August 13, 2011

Welcome Athletes, Coaches, Volunteers and Families:

It's August already and we all know what that means; it's time for our mid-Summer tournament again. Whether your favorite sport is fishing, cycling, golf, softball or bocce, this is your season. This is when you get to show your stuff.

Planning has been underway for this event for months. The grass is mowed, the fish are biting, and the course is ready for you to ride. You've trained hard and your coaches have prepared you for competition. The only thing left is for you to put that training to the test and do your absolute best. Our coaches are the best-trained, most dedicated people in all of Special Olympics. They deserve your appreciation and your respect. Do your best this weekend to show them both.

Teamwork is what this event is all about both on the field and off. Obviously, our sports teams are the focus of everything that we do; however, there are several other important teams that deserve recognition as well. The Games Management Team, lead by SOMA veteran volunteer, Jon Samel, works together with the SOMA Sports Department to plan and execute this outstanding event. This is management teamwork at its best, two great teams coming together to form one, all in the pursuit of a common goal; to stage the best possible tournament ever. Please be sure to take a moment to thank them all for their hard work and dedication.

This year we have brought back one of the overnights that was lost two years ago when we were forced to make some cutbacks due to financial constraints. The management team, in addition to running and managing the event has also stepped up to raise money so that we could reinstate one of the nights. Their spirit and dedication to this event is extraordinary!

Our host venues; Nonotuck Park in Easthampton, Quabbin Reservoir, Blunt Park in Springfield, Westover and Wyckoff Country Clubs and the University of Massachusetts, take us on quite a tour of Western Mass and provide us with the very best that this region of the state has to offer. We are grateful to them for opening their doors to us.

Finally, the volunteers; where would we be without volunteers? They cook and serve the food, keep score, officiate, move and set up equipment, skipper the fishing boats and support you and the event by doing whatever needs to get done. Most, if not all, do so with the hope of seeing a smile on an athlete's face or the pride in a family member's heart. Their contributions are enormous. NEVER forget them as you are handing out handshakes. It's what keeps them coming back for more.

Success is truly a team effort. Throughout this weekend we will all see examples of extraordinary teamwork both on and off the field. That is what Special Olympics is all about.

Enjoy!

MOST sincerely,

Robert A. Johnson  
President & CEO



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## New August Tournament Information

We are pleased to be returning the annual Special Olympics Massachusetts August Tournament to a two day overnight event. This year's event will be more in line with the traditional August Tournament that you were accustomed to participating in before SOMA was forced to make major cutbacks in 2008. Below you will find the major changes outlined for the 2011 August Tournament. This is not intended to cover all issues, but just to highlight the major changes. As always, the most complete, up-to-date information is available at the August Tournament webpage and at the Operations Center weekend of.

### Housing:

Southwest Residential Area – *Patterson, Washington, and John Quincy Adams* dormitories. This area can be reached from University Drive by entering Fearing Street or the Southwest horseshoe.

### Team Housing Check in:

Teams will be able to check into their dorms starting at 3:00 pm on Saturday August, 13th. Housing assignments will be emailed to teams prior to arriving at UMass so they may proceed directly to the overhang at Cance dormitory to check in.

### Meals:

Teams will be responsible for providing their own lunches on Saturday. SOMA will begin providing meals starting with Saturday night dinner. Dinner and breakfast will be served in ***Berkshire Dining Commons***. Sunday lunch will be served at your competition venues. Team members and volunteers will need to show their Special Olympics name badges in order to be fed. Check page 7 for the weekend's menu.

### Competition

All sports, except golf skills, will again be two days. Saturday competition will begin at 9:30 am except at Fishing and Golf. Fishing boats will depart the dock starting at 8:00 am. Golf tee times will be in the afternoon. Sunday competition will resume at 9:00 am, except at fishing, which again will have boats depart at 8:00am. For more detailed schedules check pages 8- 15 of the handbook or visit the August Tournament page of our website

### Saturday Night Dance/Movie:

The dance will be held on the Courtyard in front of Berkshire Dining Common. The movie will be located in the private dining room of the Berkshire Dining Common. In the event of rain, the dance will be moved inside to the Student Union Ballroom AND the movie will remain in Berkshire Dining Commons. Restrooms are located in the Berkshire Dining Common, and your dorms. The Dance will also feature the Law Enforcement Torch Run and the lighting of the Special Olympics caldron at roughly 8:00pm

\*\*\*In the event of heavy rain on Sunday, IF sports are cancelled, awards will be presented inside, place and time TBD\*\*\*



**Special Olympics**  
Massachusetts

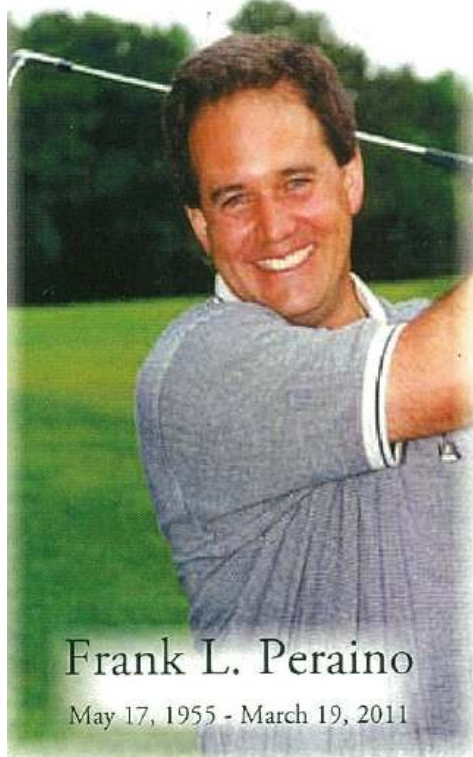
## Games Dedication

In Memoriam to Frank Peraino:

The staff and constituents of Special Olympics Massachusetts wish to take a moment to dedicate the 2011 August Tournament to long time volunteer coach and mentor, *Frank Peraino*, who passed away recently. Frank and his family have contributed consistently - *on and off the field* – to the Shrewsbury Special Needs Program through many social opportunities and activities that it offers to its athletes, partners, families and fellow coaches. Frank’s commitment to the athletes, the program, and Special Olympics inspired others to follow suit. In the words of one friend,

*“He represented, in the most positive way, everything good that SOMA embodies in its mission...speaking as a volunteer, this dedication, in a larger sense, would be an honor for all of us.”*

What better measure of a man than a lasting legacy? Frank will be sorely missed and remembered with great affection by the SOMA community.





## General Information

### SCHEDULE OF EVENTS

#### Saturday August 13<sup>th</sup>



- 7:30 am Fishing Registration and Safety Check
- 8:00 am Boats depart dock
- 9:00 am Softball, Bocce, Cycling Registration
- 9:30 am Softball Competition Starts
- 10:00 am Bocce, Cycling Competition Starts
- 10:30 am Olympic Town Opens (Blunt, Nonotuck, Cycling)
- 12:00 pm Golf Registration
- 1:00 pm Golfers Tee Off
- 3:00 pm Housing Check in Opens – UMASS
- 4:00 -7:15 pm Dinner at Berkshire Dining Common
- 7:00 – 9:30 pm Dance at Berkshire Dining Common Quad
- 8:00 pm LETR and lighting of Caldron
- 8:15 pm Movie at Berkshire Dining Common

#### Sunday August 14<sup>th</sup>

- 6:00 – 9:00 am Breakfast served at Berkshire Dining Common
- 7:30 am Fishing Safety check
- 8:00 am Boats depart dock
- 9:00 am Competition resumes
- 10:00 am Level III & V golfers tee off at Wyckoff
- 10:00 am – 2:00 pm Olympic Town at: UMass, Nonotuck, Cycling
- 11:00 am Rooms must be vacated
- 11:30 – 1:30 pm BBQ Lunch Served at all Venues



\*\*\*Awards to be presented at conclusion of division play\*\*\*





## Volunteer and Operations Information

### Saturday, August 13<sup>th</sup>

CYCLING:	UMass Lots 11 & 14: 8:30 am - 1:00 pm
UNIFED SOFTBALL	Blunt Park: 8:30 am – 3:00 pm
TRAD SOFTBALL & BOCCE:	Nonotuck Park; Pavilion # 2: 7:30 am – 3:00 pm
GOLF:	Westover Golf Course: 12:00 pm - 5:00 pm
	Wyckoff Country Club: 12:00 pm – 6:00 pm
	Quabbin Reservoir, Gate 8: 7:00 am - 12:00 pm

### FISHING:

### Sunday, August 14<sup>th</sup>

CYCLING:	UMass Lots 11 & 14: 8:30 am - 1:00 pm
UNIFED SOFTBALL	Blunt Park: 8:30 am – 3:00 pm
TRAD SOFTBALL & BOCCE:	Nonotuck Park; Pavilion # 2: 7:30 am – 3:00 pm
GOLF:	Westover Golf Course: 7:00 am - 1:00 pm
	Wyckoff Country Club: 9:00 am – 2:00 pm
	Quabbin Reservoir, Gate 8: 7:00 am - 12:00 pm

### FISHING:

- All walk-on volunteers are required to complete a registration form.
- All event volunteers will receive a t-shirt for participating to identify them.
- All participating volunteers must wear this t-shirt.

## Operations Center

Located in the first floor of PATTERSON DORMITORY and at volunteer registration area at Nonotuck Park.

The Operations Center will be open the following hours:

Saturday, August 13<sup>th</sup>: 1:00 pm to 11:00 pm (*Patterson*)

*Saturday, August 13<sup>th</sup>: 9:00 am to 12:30 pm - Operations and communications center will be located at the volunteer registration area at Nonotuck Park*

Sunday, August 14<sup>th</sup>: 6:00 am to 11:00 am (*Patterson*)

*Sunday, August 14<sup>th</sup>: 11:30 am to 2:30 pm - Operations and communications center will be located at the volunteer registration area at Nonotuck Park*

Questions can be directed to any Management Team member in a blue shirt.

The Operations Center exists for the following reasons:

- Lost and found
- Management Team assistance
- Emergency Center
- Event schedule information

\*\*\*Please note: The Operations Center is not to be used as a drop off or lounging area.\*\*\*

### IMPORTANT TELEPHONE NUMBERS:

- 24 hour EMERGENCY Number: 508-265-0741
- U-Mass Infirmary 413-549-2671
- Easthampton Ambulance 413-527-2424
- Bay State Mary Lane Hospital: 413-967-6211
- Kindred Hospital: 413-787-6700
- Holyoke Hospital: 413-536-8666



**General Information**

**MEALS SCHEDULE**

**Saturday August 13<sup>th</sup>**

Dinner 4:00 pm – 7:15 pm Berkshire Dining Commons

**Sunday August 14<sup>th</sup>**

Breakfast 6:00 am – 9:00 am Berkshire Dining Commons

Lunch 11:30 am – 1:00 pm at Competition Venues

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**AUGUST TOURNAMENT MENU**

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**Dinner**

Saturday

Berkshire Dining Common

BBQ Chicken/BBQ Ribs/  
Baked Potato/Baked Beans/Corn  
Apple Crisp

**Breakfast**

Sunday

Berkshire Dining Common

Buffet Style Breakfast

**Lunch**

Sunday

Blunt/Nonotuck/  
Fishing/Cycling  
Golf

BBQ – Hamburgers/Hot Dogs/Chips/  
Juice  
Turkey Sandwich/Chips/Fruit/Water

**Please Note:**

- If you or your athletes have specific dietary needs or do not like the choices listed above, please make arrangements to bring your own lunch and/or dinner.
- Meals are available only for credentialed athletes, coaches, unified partners and chaperones.
- Un-credentialed individuals may purchase breakfast (\$6) and dinner (\$8) in the Dining Commons. Lunch will **not** be made available for purchase.





## Event Information

### SOFTBALL

#### Competition Venues:

Traditional: Nonotuck Park, Daley Field Rd, Easthampton, MA  
 Unified Blunt Park, 1780 Roosevelt Ave, Springfield, MA  
 Softball Skills: Blunt Park

SOMA Liaison:

Matt Ruxton

Venue Director:

Gus Piazza

Softball Director:

Helen King/Chris Witt

Softball Skills Director:

Klete Squires

Volunteers / Lunches:

Cathy Capozzo

Head Official:

Tim McKay

USSSA Umpire Assignors:

Bob Lapinsky/Wayne McFarland/  
Kevin Ross/

Carl Anderson/John Hart

Protest Committee:

Tim McKay/Helen King/Chris Witt/

Wayne McFarland/Matt Ruxton

Committee Members:

Andrea Hevey/Matt King/

Gus Piazza/Deb Piazza/

George Martin



#### Saturday, August 13<sup>th</sup>

- 7:00 am Parks Opens
- 9:00 am Fields Ready for Competition
- 9:30 am Competition Begins
- 11:00 am Softball Skills Begins @ Blunt Park

#### Sunday, August 14<sup>th</sup>

- 7:00 am Parks Opens
- 8:00 am Fields Ready for Competition
- 9:00 am Competition Begins
- 11:30 am BBQ –Hosted by the Ashland Lions Club



#### Please Note:

- Individuals and teams must provide their own transportation.
- Awards will be presented on Sunday following the conclusion of each division.
- We are on a tight schedule, be warmed up and ready to go for your scheduled game time. There will be no grace period.

**SPECIAL THANKS TO USSSA FOR PROVIDING UMPIRES FOR THE SOFTBALL ASSESSMENT ROUNDS AND AUGUST TOURNAMENT**





## Event Information

### BOCCE

Competition Venue: Nonotuck Park, Daley Field Rd,  
Easthampton, MA

SOMA Liaison: Matt Ruxton  
Nonotuck Venue Director: Gus Piazza  
Venue Directors: Scott Lamkin/Alex Shipp  
Head Official:  
Protest Committee: Scott Lamkin/Alex Shipp/  
Matt Ruxton

Officials: Richard Calvanese/Tim Stucchi/Peter Rota/Geri Finlay/  
David Yaede

Nonotuck Park Team: Cathy Capozzo/Helen King/Gus Piazza/Deb Piazza



### Saturday August 13<sup>th</sup>

10:00 am

10:30 am

Round Robin Competition Begins

Olympic Town Opens

### Sunday August 14<sup>th</sup>

9:00 am

10:30 am

11:30 am

Medal Round Competition Begins

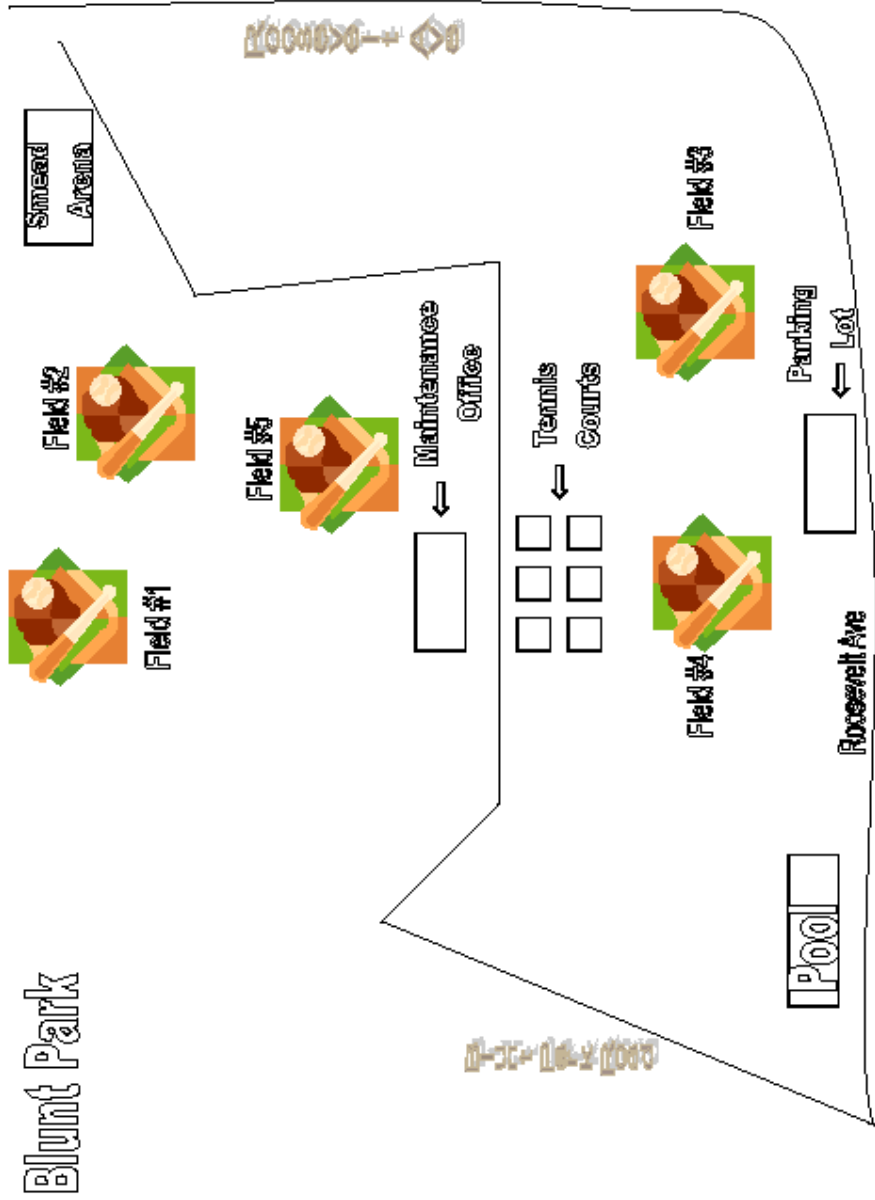
Olympic Town Opens

BBQ – Pavilion #2. Hosted by the Ashland Lions Club

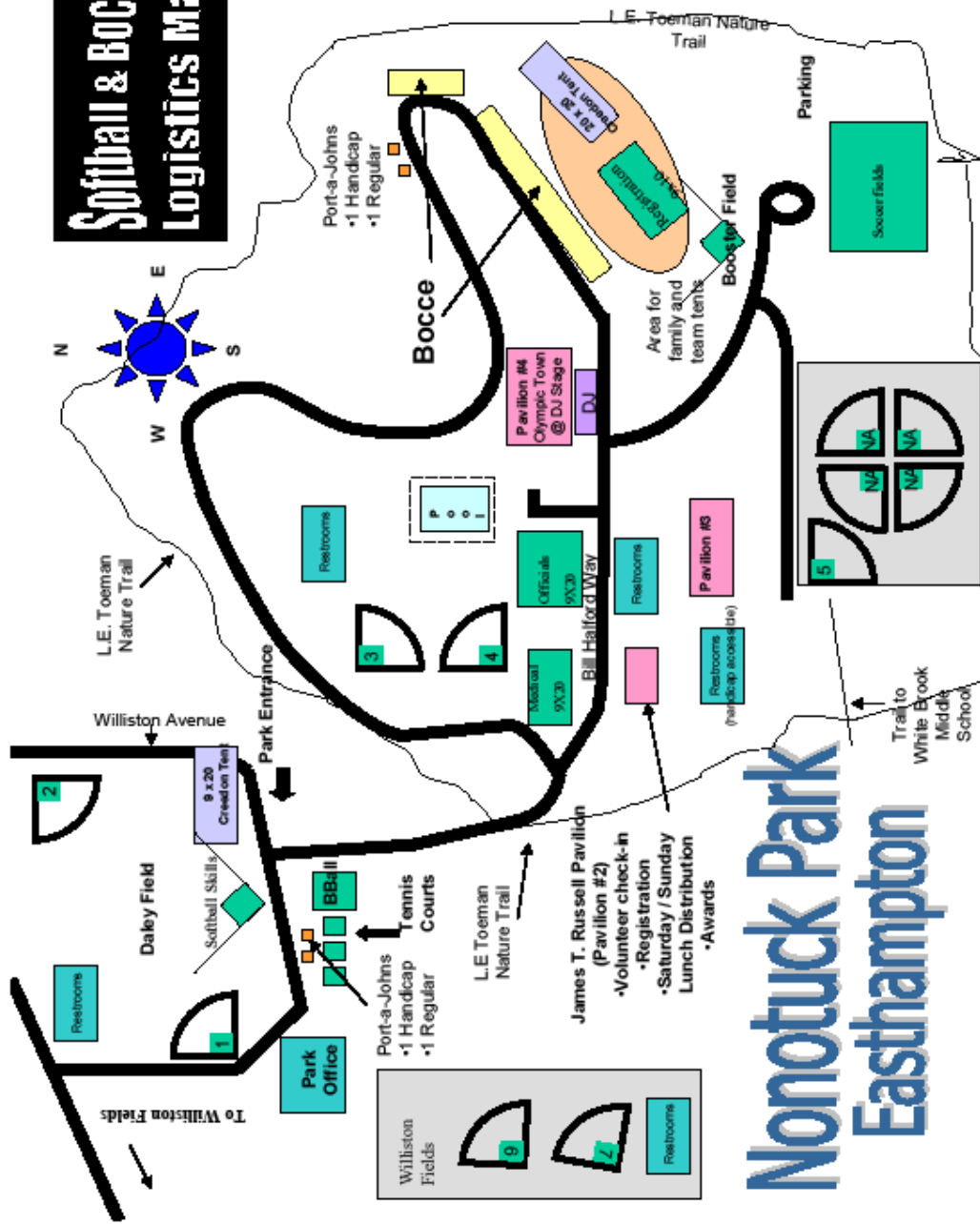
### Please Note:

- Tournament will be a round robin format on Saturday.
- Sunday's Medal Round will be a bracket style tournament.
- Athletes may be re-divisioned for Sunday's Medal round based on Saturday's round robin play.
- Individuals and teams must provide their own transportation to and from the park.





# Softball & Bocce Logistics Map



# Nonotuck Park Easthampton



## Event Information

### CYCLING

Competition Venue:	University of Massachusetts Lots 11 & 14
SOMA Liaison:	Matt Ruxton/Jon Scully
Venue Director:	Bill Scherer
Assistant Director:	Jessica Wheeler
Bike Tech:	Dan LaFrance
Officials:	Bill and Meesha Crowther
Protest Committee:	Bill Scherer/Matt Ruxton Jon Scully/Bill Crowther/ Meesha Crowther
Medical Director:	Bill Scherer



#### **Saturday August 13<sup>th</sup>**

9:00 am	Volunteer Meeting/Bike Inspection
9:30 am	Coaches Meeting
9:45 am	Warm up on course
10:00 am	15K Road Race 1K Time Trial 1K Road Race
12:00 pm	BREAK
12:30 pm	5K Road Race
2:30 pm	Coaches and/or Race Jury Meeting
3:00 pm	Results Posted

#### **Sunday August 14<sup>th</sup>**

8:45 am	Coaches Meeting
9:00 am	Warm up on course
9:30 am	10K Road Race 10K Time Trial 500M Time Trial 5K Time Trial
12:00 pm	BBQ Lunch
1:00 pm	Coaches and/or Race Jury Meeting

#### **Notes:**

- Racing numbers on the right.
- Unified, Tandem and 3-wheeled events will run simultaneously along with traditional events.
- Times are approximate as each race will start at the conclusion of the previous event. If necessary we will race during lunch.
- Schedule is SUBJECT TO CHANGE. An updated schedule will be placed in your coach's packet that you receive on-site Saturday am.
- Individuals and teams must provide their own transportation to and from the school.



**Special Olympics**  
Massachusetts

## Event Information

### GOLF AND GOLF SKILLS

#### Competition Venue

Level I, II & IV  
Level III & V

Westover Golf Course 181 South St, Granby, MA  
Wyckoff Country Club, 233 Easthampton Rd, Holyoke, MA

SOMA Liaison:

Matt Ruxton

Venue Director:

Tom Kostizak/Stacey Mott

Golf Skills Director:

Nick Savarese

Golf Tournament Directors:

Ray O'Keefe/Chris O'Keefe

Rules Protest Committee:

Tom Kostizak/Stacey Mott/Matt Ruxton

#### Saturday August 13<sup>th</sup>

12:15 pm

Athletes arrive and registrar

1:00 pm

Shotgun start Westover

1:00 pm

Wyckoff Golfers Tee Up

1:30 pm

Golf Skills Registration

2:00 pm

Golf Skills Starts

4:00 pm

Awards Golf Skills

#### Sunday August 14<sup>th</sup>

9:00 am

Shotgun Start Westover

10:00 am

Wyckoff Golfers Tee Up

12:00 am

Lunch

12:30 pm

Westover Awards

2:30 pm

Wyckoff Awards



#### **Please Note:**

- Teams are divisioned based on their USGA Handicap.
- Individuals and teams must provide their own transportation.

#### **Special Thanks:**

**To Massachusetts Golf Association for providing all Handicaps to all our Individual and Unified Golfers**

**To PGA of Connecticut for its support of this year's events**





## Event Information

### FISHING

Competition Venue: Quabbin Reservoir- 200 Packardville Rd, Pelham, MA

SOMA Liaison: Matt Ruxton  
Venue Director: Bill Pula  
Competition Directors: Arthur Miner/Vicky Miner  
Rules Protest Committee: Bill Pula/Arthur Miner/Matt Ruxton  
Assistants: Department of Conservation Recreation  
Quabbin Fisherman's Association  
Mass Sportsman Council

#### Saturday, August 13<sup>th</sup>

7:30-8:00 am Registration and Safety Check  
8:00 am Welcoming Ceremony  
8:00 am -12:00 pm Tournament Fishing  
12:00 pm-3:00 pm Olympic Town  
12:00-1:00pm Barbeque Lunch

#### Sunday, August 14<sup>th</sup>

8:00-8:15am Registration and Safety Check  
8:30 am -11:30 am Tournament Finals  
12:00-1:00 pm Barbeque Lunch  
1:00 pm Awards



#### Please Note:

- Awards will be based on a point system.
  - There will be five categories of fish to catch. The biggest fish caught in each category will be worth 10 pts, 2<sup>nd</sup> biggest 9 pts, etc. The athlete who accumulates the most points across the five categories in his/her division will finish first.
- Awards will also be presented to angler who catches the biggest fish in each division.
- Award will be presented for overall biggest fish caught.
- Boats leave the dock at 8:00 am. After 8:00 am you must fish from the shore.
- Teams must provide their own transportation to and from the venue.
- Please remember to bring raingear, a hat, sun glasses and sunscreen.

\*\*\*\* Optional fishing will be available to anglers from the shore. \*\*\*\*



# Special Olympics Massachusetts

## Event Information

### SPECIAL EVENTS

#### Saturday August 13<sup>th</sup>

Olympic Town 10:30 am – 4:00 pm  
 Venues: Blunt Park, Cycling, Fishing, Nonotuck Park,  
 Activities Basketball Shoot out, Skeet ball, Golf skills, arts and crafts, carnival games, giveaways and much more

Dance 7:00 pm – 9:00 pm  
 Venue: Berkshire Dining Common Quad (outdoors)  
*Rain site: Student Union Ball Room*  
 Theme: ***“It’s a Jungle out there”***



Movie: 8:00 pm  
 Venue: Berkshire Dining Common, private dining room  
 Title: ***Madagascar***

LETR: 8:00 pm  
 Running of the torch and lighting of the Caldron  
 Venue: Berkshire Dining Common Quad during the dance  
 Organizers: Amherst PD, UMass PD, Hampden County Sheriffs Department, Westover PD



#### Sunday August 14<sup>th</sup>

Olympic Town 10:00 am – 2:30 pm  
 Venues: Cycling, Nonotuck Park,  
 Activities Basketball Shoot out, Skeet ball, Golf skills, arts and crafts, carnival games, giveaways and much more

**Special thanks to the Ashland Lions Club**



## Lions Clubs International



## Emergency & Medical Information

### MEDICAL

**Medical Director:** Kathy Savage  
**EMS Chair:** Brian McCann  
**Medical Headquarters:** UMass, 1st floor, PATTERSON DORMITORY, in the conference room located off the lounge (*Operations*).

**Hours of Operation:** Saturday, August 13<sup>th</sup>, 2:00 pm – Sunday, August 14<sup>th</sup>, 9:00 am

- All Medical forms must be complete and current or the athlete will NOT be allowed to participate in the tournament.
- Every athlete must have a medical form that is:
  - Up-to-date (*within 3 years*)
  - Indicates that he/she is cleared medically to compete
  - Signed by an MD and signed in the section “consent to treat.”
- NO MEDICALS WILL BE CHECKED ON SITE.
- 24-hour medical coverage will be provided. A red T-shirt with a white cross symbol will identify all medical personnel.
- Registered Nurses, EMT’s & Paramedics will provide primary first aid coverage.
- Athletes (*including Unified Partners*) refusing medical treatment deemed necessary by medical staff will not be allowed to continue to compete in the tournament and may be sent home.

### Medication

Registered nurses will dispense medication in the medication room in the morning and evening. Lunch medication will be dispensed at the venue. A medication plan will be arranged with the Medication Nurse at registration. Individuals who are accustomed to self-medicate will be allowed to do so. All medications **MUST** be properly labeled in their **ORIGINAL** medication bottles and accompanied by a Supplemental Medication Form. No medication will be dispensed without a Supplemental Medication Form.





## Emergency & Medical Information

### FIRST AID INFORMATION

#### Seizures or Convulsions

##### *Seizures*

A seizure is a change in sensation, awareness, or behavior brought about by a brief electrical disturbance in the brain. Seizures vary from momentary disruption of the senses to short periods of unconsciousness or staring spells to convulsions.

##### *Non-Convulsive Seizures*

Someone having this type of seizure has brief periods of staring or shaking of limbs, may be in dazed state and unaware of surroundings. Guide the person away from danger. Speak calmly and quietly to the person. Stay with person until seizure and full consciousness have returned. Time the length of seizure.

##### *Convulsive Seizures*

Generalized Tonic Clonic (Grand Mal) Seizures

Stay calm. Clear area of anything hard or sharp around person. Put something flat and soft under head and neck. Do not hold the person down or try to stop movements. Turn person onto one side to keep airway open. Do not put anything in mouth. It is not true that a person having a seizure can swallow their tongue. Time seizure (if seizure lasts more than 5 minutes get medical assistance). Stay with person until seizure is over and consciousness has returned. If person is injured or has stopped breathing, get medical assistance.

Most seizures last only a few minutes; it may take another short period of time to regain consciousness and awareness.

##### *Fainting or Shock*

Place the person flat, elevate his/her legs, and send for medical help.

##### *Dehydration*

Symptoms of dehydration include thirst, dry mouth, nausea, vomiting, generalized fatigue, and dizziness when changing position. Have the person get out of the heat/sun, encourage him/her to drink fluids, alternate water with an sports drink such as Gatorade.

##### *Heat Related Issues*

Heat related issues occur when the body cannot keep itself cool. Symptoms can include headache, dizziness, muscle weakness, cramps, nausea, vomiting, confusion, cold clammy skin, in severe cases absence of sweating. To prevent heat related issues, keep out of the sun unless you are competing. Make sure everyone stays well hydrated - drinking at least 8 ounces of fluids every hour. For heat related symptoms, remove person from hot, sunny area, bring to a cool environment, lie down, use cool cloths to face, neck, arms, and encourage fluids. Send someone for help.



## Emergency and Medical Information

### ***Insect Bites***

Insect bites can produce reactions ranging from a local reaction to a life threatening anaphylaxis. A local reaction to a mosquito, bee, or wasp sting consists of instant pain followed by a welt and swelling. If the bite is from a bee or a wasp, the stinger must be removed carefully. Tweezers may be used, if available. Alternatively, you can gently scrape or brush the stinger off with the edge of a credit card. Then an ice pack may be applied to the area for pain relief. Sometimes a topical antihistamine can also be applied for pain control. For those with known severe allergic reactions who have an epinephrine kit, this kit should be used. The kit should be available for use at all times.

### **Hospital care**

#### **From Blunt Park:**

Kindred Hospital  
1400 State St  
Springfield, MA 01109

#### **From Nonotuck Park and UMass:**

Cooley Dickinson Hospital  
30 Locust Street  
Route 9  
Northampton, MA  
413-582-2000

#### **From Quabbin Reservoir and Westover Golf Course:**

Bay State Mary Lane Hospital  
90 South St.,  
Ware, MA  
413-967-6211

#### **From Westover Golf Course and Wyckoff Country Club**

Holyoke Hospital  
260 New Ludlow Rd  
Chicopee, MA 01020

U-Mass Infirmary: 413-549-2671  
Easthampton Ambulance: 413-527-2424

Injuries at UMass-Amherst and/or Nonotuck Park will transfer to Cooley Dickinson.  
Injuries at Quabbin will transfer to Bay State Mary Lane Hospital.



**Special Olympics**  
*Massachusetts*

## **Emergency and Medical Information**

### **DIRECTIONS TO AREA HOSPITALS**

#### **To COOLEY DICKSON HOSPITAL**

From UMass:

Massachusetts Ave., head West, turn right onto 116 South. Continue onto Route 9 West (Russell St.) Russell St. becomes Elm St., follow Elm St. which turns into Locust St.

From Nonotuck Park:

Leaving the park onto Williston Ave. Turn left onto Union St. Bear left onto Route 10. Remain on Route 10 (Northampton St.) Northampton St. Becomes Easthampton Rd. Take Route 9 West (Elm St.) to Locust St.

#### **To BAYSTATE MARY LANE HOSPITAL**

From the Quabbin Reservoir:

North on Route 202 (North Main St.) Turn left on Route 9 past Ware center, and then take the second right onto South St.

#### **To HOLYOKE HOSPITAL**

From Westover:

Head North on South St, Take first Left onto New Ludlow Rd.

From Wyckoff

Head Southwest on Easthampton Rd. Slight right onto Appleton St. Left onto 202 N (Beech St). At rotary straight onto 202N (Purple Heart Drive). Right onto 33 N (Old Lyman Road). Left onto New Ludlow Rd

#### **To KINDRED HOSPITAL:**

From Blunt Park:

Head northwest on Roosevelt Avenue toward Gaucher Street, Take 1<sup>st</sup> right onto Gaucher Street, and Turn left at State Street.





## Responsibilities

### SPORTS COACHES RESPONSIBILITIES

1. Provide for the general welfare, safety, health, and well being of each Special Olympics athlete in your charge.
  - Assure that your athletes are assembled at the proper time and place for ceremonies, meals, training, and competitive events.
  - Provide transportation to the competition sites.
2. Be thoroughly familiar with all the information in this handbook.
3. Provide the following specific services to each Special Olympics athlete in your care:
  - Supervision all day, in cooperation with other coaches in your delegation.
  - Assistance in accounting for any luggage/personal items at all times.
  - Assistance in getting to lunch during scheduled times.
  - Assistance in reporting to competition areas at the appointed times.
  - Making sure that prescribed medications are taken at proper times.
  - Assuring that athletes have linens.
4. Dress and act at all time in a manner that will credit Special Olympics Massachusetts and your delegation.
5. Report all emergencies to appropriate authorities after taking immediate action to ensure the health and safety of participants.
6. Know the location of the nearest medical service personnel at all times.
7. Be courteous to volunteers.
8. Be aware that no alcoholic beverages or non-prescription drugs will be allowed.
9. Agree to abstain from smoking at all venues.
10. Abide by athlete/coach ratios of 3:1 for individual sports; 4:1 for team sports.
11. Note that special equipment such as elbow pads, walkers, personal items, and competition aids are the responsibility of area programs.
12. Coaches should carry copies of their athlete's medicals with them at all times.

### **ANY VIOLATION OF THESE STATED RESPONSIBILITIES WILL RESULT IN IMMEDIATE EXPULSION FROM THE TOURNAMENT**

**Coach/Chaperone Registration:** All Coaches/Chaperones attending the August Sports Tournament JUST complete an application and consent form PRIOR to the event in order to be properly registered. Anyone that has not been properly registered prior to the event will not be able to attend.



## Codes of Conduct

### COACHES CODE OF CONDUCT

#### A SOMA coach always:

- Exemplifies the highest moral character, behavior, and leadership.
- Respects the integrity and personality of the individual athlete.
- Abides by the rules of the sport.
- Respects the integrity and judgment of sport officials.
- Demonstrates a mastery of and continuing interest in coaching.
- Encourages respect for all athletics and their value.
- Displays modesty in victory and graciousness in defeat.
- Promotes ethical relationship among coaches.
- Fulfills responsibility to provide a safe environment.
- Encourages the highest standard of conduct and achievement among all athletes.
- Strives to develop in each athlete the qualities of leadership, initiative, pride, and good judgment.
- (Most of all) HAS FUN and “HONORS THE SPORT!”

#### A SOMA Mentor / Coach / Teacher always:



- Serves as a model for behavior.
- Dresses my athletes and myself in appropriate attire.
- Keeps open communication to all.
- Is responsible for the following paper work:
  - Pre-registration
  - Final registration
  - Medicals up to date
  - All sport forms filled out
- Brings ALL copies of paperwork to all practices and competitions.
- Recognizes individual and team limitations and qualities.
- Is patient, understanding, supportive, sensitive, accountable, organized, and works hard through determination and perseverance.
- Motivates in the most positive of terms/makes it fun.



**Special Olympics**  
Massachusetts

## Codes of Conduct

### VOLUNTEER CODE OF CONDUCT

- I will fulfill the responsibilities of my volunteer assignment.
- I will set a good example for the Special Olympics athletes.
- I will demonstrate good sportsmanship and cooperation.
- I will be vigilant and aware of the safety of the participants.
- I will not smoke while volunteering
- I will refrain from the consumption and/or use of alcoholic beverages and non-prescribed, controlled substances.
- I will seek medical attention for athletes/volunteers who show signs of injury, illness, or distress.
- I will wear my credential and I understand it must be visible during events.
- I am specifically granting permission to Special Olympics Massachusetts, to use my likeness, voice and words in media or the purpose of advertising or communicating the purposes and activities of Special Olympics.

**I understand that any infraction of the Volunteer Code of Conduct can result in, but is not limited too, my dismissal from my volunteer assignment.**





## Codes of Conduct

### ATHLETES CODE OF CONDUCT

A committee made up of Special Olympics athletes, coaches, staff and family members developed the following four-part Special Olympics Massachusetts Athlete Code of Conduct.

#### I. GENERAL GUIDELINES

- I will:
  - Learn, follow and respect the rules of Special Olympics Massachusetts.
  - Encourage teammates.
  - Have fun.

#### II. SPORTSMANSHIP

- I will:
  - Control my temper and my teammates' tempers, not fight with others use bad language.
  - Be fair to others and not taunt other teams or players.
  - Not cheat, lie or fake injuries.
  - Keep a positive attitude.

#### III. TRAINING & COMPETITION

- I will:
  - Respect my coaches by attending practice on time, participating in all activities, paying attention and trying my hardest at all times.
  - Dress appropriately for games and competition, bring and keep track of the proper equipment for my sport.
  - Appreciate the efforts of my teammates and coaches, communicate and ask questions.

#### IV. PERSONAL RESPONSIBILITY

- I will:
  - Not smoke, drink alcohol or use illegal drugs at Special Olympics events, training and competitions.
  - Respect others' privacy and boundaries, i.e.; no flirting, or using inappropriate words or behavior.
  - Always stay with my team at Special Olympics events, training and competition or let my coach know my whereabouts.

Practice good hygiene, eat well, get the proper amount of sleep and make sure I have the proper medications, take my medications or get help and alert my coach to any changes.



## Codes of Conduct

### FAMILY CODE OF CONDUCT

#### Preamble:

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects “the six pillars of character”.

#### As a SOMA Family member I pledge that:

- I will not force my athlete to participate in sports.
- I will remember that athletes participate to have fun and that the game is for them, not the family members.
- I will see to it that my athlete’s medical form is up-to-date complete and on file.
- I will learn the rules of the game and the SOMA policies.
- I (and my guests) will be a positive role model for my athlete and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all athletes, coaches, officials, and spectators at every game, practice, or competition.
- I (and my guests) will not engage in any kind of un-sportsmanlike conduct with any official, coach, or family member such as booing and taunting, refusing to shake hands, or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- I will teach my athlete to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my athlete treat other athletes, coaches, officials, and spectators with respect regardless of: race, creed, color, sex, or ability.
- I will teach my athlete that doing one’s best is more important than winning so that my athlete will never feel defeated by the outcome of a game or his/her performance.
- I will praise my athlete for competing fairly and trying hard, and I will make my athlete feel like a winner every time.
- I will never ridicule or yell at my athlete or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my athlete over winning. I will also de-emphasize games and competition in lower age groups.
- I will promote the emotional and physical well being of the athletes ahead of any personal desire that I may have for my athlete to win.
- I will respect the officials and their authority during games and competitions and will never question, discuss, or confront coaches during competitions. Instead, I will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my athlete that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events and competitions.
- I will refrain from coaching my athlete or other athletes during competitions and practices.



## Codes of Conduct

### FAMILY CODE OF CONDUCT, CONTINUED

#### Special Olympics Massachusetts Family Member Code of Conduct

As a SOMA Family Member I also understand that if I fail to abide by the aforementioned rules and guidelines, I may be subject to disciplinary action that could include, but not be limited to the following:

- Verbal warning by officials, coaches, and/or SOMA personnel,
- Game suspension with written documentation of incident kept on file in the Section and SOMA state office,
- Written warning,
- Game forfeit through official or coach, and/or
- Season suspension.





**Special Olympics**  
*Massachusetts*

## **Staff, Board and Management Team Rosters**

### **AUGUST TOURNAMENT MANAGEMENT TEAM**

<b>Games Director</b>	Jon Samel
<b>Games Co-Director</b>	Lee Lamkin
<b>Housing Chair</b>	Melinda Cordner/Melissa Murphy
<b>Operations Chair</b>	Sue Borden
<b>Meals Chair</b>	Judy O'Brien
<b>Olympic Town Chairperson</b>	Carl Phillip/Judy Hyotte/ Paul Capobianco/Warren Wales
<b>Softball Venue Director</b>	Gus Piazza
<b>Softball Director</b>	Helen King/Chris Witt
<b>Softball Officials Chairs</b>	Tim McKay/Wayne McFarland/ Bob Lapinsky/Carl Anderson
<b>Bocce Director</b>	Scott Lamkin/Alex Ship
<b>Fishing Venue Director</b>	Bill Pula
<b>Fishing Co-Chairpersons</b>	Art and Vicki Miner
<b>Cycling Venue Director</b>	Bill Scherer/Jessica Wheeler
<b>Golf Venue Director</b>	Tom Kostizak/Stacy Mott
<b>Golf Venue Chairs</b>	Chris & Ray O'Keefe
<b>Golf Skills Director</b>	Nick Savarese
<b>Dance Chair:</b>	Aiyanna Medeiros
<b>Medical Director</b>	Kathy Savage
<b>Medications Chair</b>	Maggie Keene
<b>EMS Chair</b>	Brian McCann
<b>Logistics Director</b>	Rick Savage
<b>Logistics Chair</b>	Brian Wales/Dara Colleary
<b>Safety Director</b>	Peter Pruyne



## Staff, Board and Management Team Rosters

### SOMA STAFF:

Diane Agganis  
Sam Baglioni  
Sean Canty  
John Cappiello  
Jon Cassidy  
Angela Cenzalli  
Ranelle Cruz  
Anne Curran  
Patti Doherty  
Martha Dove  
Gayle Fehlmann

Megan Hoffman  
Steve Huftalen  
Barbara Johnson  
Robert Johnson  
Terry Keilty  
George Kent  
Roger LaFauci  
Mary Beth McMahon  
Jon Muskrat  
Pam Prior  
Deb Roberts

Peter Rota  
Matt Ruxton  
Nick Savarese  
Jon Scully  
Alex Shipp  
Mark Spolidoro  
Klete Squires  
Donna St. Onge  
Heather White  
Julie Whitney

### SOMA BOARD OF DIRECTORS:

Virginia Davidson  
*Chair*  
John Bogosian  
*1<sup>st</sup> Vice Chair*  
Karen Brann  
*2<sup>nd</sup> Vice Chair*  
Elizabeth Tauro, Esq.  
*Clerk*

Stephen M. Snow  
*Treasurer*  
Geoffrey Nothnagle  
*Immediate Past Chair*  
John Cahill  
Denise Carriere  
Katharine Chandler  
Fritz Ferbert  
Robert P. Goddard

Joanne Jaxtimer  
Charles Johnson  
Robert A. Johnson  
Doug Keith  
Matthew Millett  
Gerry Morrissey  
Patrick Riley  
John Smolak, Esq.  
Peter Wyman

### SOMA HONORARY BOARD OF DIRECTORS:

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James Brett  
Dr. Wayne Burton  
James Conway III  
Dr. Allen Crocker  
Edward Davis  
Gene DeFilippo  
Dr. David Driscoll

Ted English  
Neil Finnegan  
Alan MacDonald  
Tom Martin  
Thomas O'Neill, III  
Dr. Arthur Pappas  
Dr. Steven Perlman  
Ronald Sargent

Nicola Tsongas  
Daniel Wolfe

### SOMA CAPITAL CAMPAIGN:

James Walsh, *Chairman*  
Richard, Nancy & Phillip  
Donahue  
*Honorary Co-Chairs*  
John D. Cahill  
Tim Chamberlain  
James F. Conway III

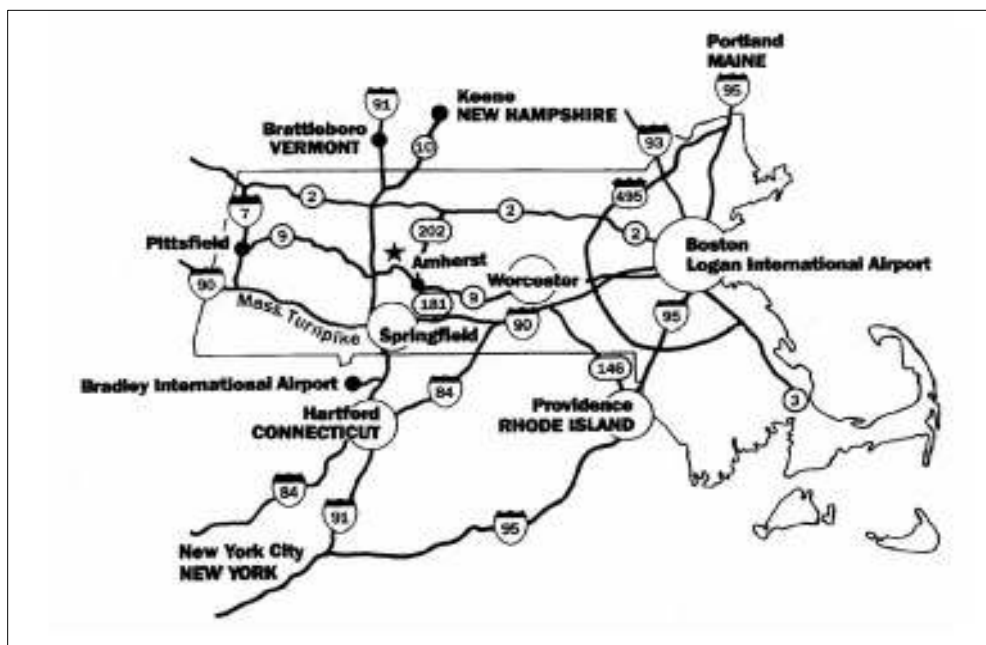
Charlie Donahue  
Tod Hynes  
Phillip W. Johnston  
Robert Johnson  
Douglas D. Keith  
Barry N. Koslow  
Susanne Morreale-Leeber

Geoffrey Nothnagle  
James S. O'Brien  
Franklin D. Quigley, Jr  
Samuel Trywick  
F. Peter Waystack



## Maps and Directions

### UNIVERSITY OF MASSACHUSETTS - AMHERST



#### **From the North:**

Route 91 South to Exit 25; At the end of the ramp turn left and follow the road to the intersection; turn right onto Routes 5 and 10 South; go 1 mile, then left onto Route 116 South, then 8 miles to UMass Exit; Left at the end of the ramp onto Massachusetts Avenue.

#### **From the South:**

Route 91 North to Exit 19 (*Northampton/Amherst*); Right onto Route 9 and go approximately 4.5 miles to Route 116 North (*left turn at the lights*) 1 mile to UMass Exit; Right at the end of the ramp onto Massachusetts Avenue.

#### **From the East:**

Mass Pike (*Route 90*) West to Exit 4 (*West Springfield*) onto Route 91 North to Exit 19 (*Northampton/Amherst*); Right onto Route 9 and go approximately 4.5 miles to Route 116 North (*left turn at the lights*) 1 mile to UMass Exit; Right at the end of the ramp onto Massachusetts Avenue.

#### **From the West:**

Mass Pike (*Route 90*) East to Exit 4 (*West Springfield*) onto Route 91 North to Exit 19 (*Northampton/Amherst*); Right onto Route 9 and go approximately 4.5 miles to Route 116 North (*left turn at the lights*) 1 mile to UMass Exit; Right at the end of the ramp onto Massachusetts Avenue.



**Special Olympics**  
*Massachusetts*

## Maps and Directions

### **Blunt Park**

*From UMass*

Turn Right onto University Ave, Right onto Route 9W. I-91 South to Exit 8 for I-291 E, Exit 4 St James Ave / Chicopee Falls. Right onto Page Blvd. Right onto US-20 Alt E. Right onto Roosevelt Avenue

*From Boston*

Take I-90 W/Quincy/Worcester, Continue on I-90 W and merge on I-90 W, Take exit 6 for I-291 towards Springfield/Hartford CT, Take left at I-291 W, Take exit 5 for US-20 E/Mass 20 A W towards E Springfield/Indian Orchard, Turn right at Massachusetts 20A/ Page Blvd/ US-20 Alt W, Turn left at Roosevelt Avenue

### **Nonotuck Park: Softball and Bocce**

*From UMass*

FOLLOW Route 9 West to Northampton LEFT at traffic lights after City Hall onto Route 10 FOLLOW Route 10 to Easthampton LEFT at first set of lights in Easthampton (Route 141) FOLLOW Route 141 through downtown business area Go STRAIGHT through set of lights to Williston Avenue (parallel to pond) FOLLOW to park

*From Boston*

Mass Pike to Route 91 North Route 91 to Exit 17B Route 141, Easthampton Road Stay on Route 141 (Easthampton Road becomes Mountain Road becomes Holyoke St.) LEFT at the first set of lights onto Williston Ave; there should be a pond on your left FOLLOW Williston Ave into Park



**Special Olympics**  
Massachusetts

## Maps and Directions

### **Quabbin Reservoir: Fishing**

*From UMass Southwest Quad, University Drive*

RIGHT on Massachusetts Ave. Massachusetts Ave becomes North Pleasant). Go 0.4 miles to lights at East Pleasant - Go STRAIGHT through lights onto Triangle Street FOLLOW Triangle Street to end LEFT onto Main Street FOLLOW Main Street 5 miles to T-intersection with Route 202 South RIGHT onto 202 South. Go 3 miles to Gate 8 – sign will say Fishing Area 1, LEFT at Gate 8. FOLLOW Road to the end

*From Boston*

Mass Pike to Exit 8 – Palmer RIGHT onto Route 32 South to T-intersection RIGHT onto Route 20 West. Go approximately 0.8 miles BEAR RIGHT onto Route 181 North. Stay on Route 181 North for 9.2 miles to lights in center of Belchertown Stay on Route 181 to the center of Belchertown where Route 181 intersects with Route 202 (State Street) FOLLOW 202 North for approximately 6 miles Gate 8 entrance will be on the RIGHT There will be a Special Olympics sign marking the gate entrance

### **Westover Golf Course: Golf and Golf Skills**

*From UMass*

Right onto University Dr. Left onto Rte 9 E. Right onto Rte 116 S (S. Pleasant Street). Left onto Amherst St. Right onto W State Street Left onto Pleasant Street. Slight left East Street. 2<sup>nd</sup> Right onto South Street.

*From Boston*

I-90 W to exit 4 I-91N. Exit 16 Rte 202 toward Holyoke/S. Hadley. Right onto Rte 202 N/ Cherry St. At traffic circle straight onto Purple Heart Dr/202N. Right onto Rte 33S/ Old Lyman Rd. Left onto New Ludlow Rd. Right onto South St.

### **Wyckoff Country Club**

*From UMass*

Right onto University Avenue Right onto Rte 9 W I-91 S to Exit 17. Merge onto Rte 141 W.

*From Boston*

I-90 W to Exit 4. I-91 N to exit 17B Rte 141 W towards Easthampton. Club on Right



**Special Olympics**  
*Massachusetts*

**Smoking Policy**

**NO SMOKING**

**At Any Time During This Event**



**Special Olympics**  
*Massachusetts*



## Rain and Drizzle Plans

### COMPETITION Rain and Drizzle Plan

A decision about postponing or canceling competition because of rain will be made jointly by the Games Management Team and the State Office Staff. Every attempt to keep to the original schedule will be made, with the athletes and participants' best interest in mind at all times.

Each day the Games Management Team and Staff will meet at 6:00 am to assess the weather situation. In the event of drizzle or rain an initial decision will be made and posted at the following locations: On Saturday morning coaches should call the emergency cell phone list on page 6 or call 508-485-0986 x222 and a message will be left on the outgoing voicemail. On Sunday coaches should check the following places:

- Operations Center – Patterson Dorm
- Breakfast – Berkshire Dining Commons
- In the lobby of each dormitory

**The initial decision is just that, initial. As the day progresses and the weather changes, the situation will be assessed and changes and adjustments will be made as appropriate.** These changes will be posted at each venue as well as in the locations shown above.

### Drizzle Plan

Generally speaking if there is a light rain:

- All sports will begin and proceed based on the original schedule as long as the safety of the athletes is not compromised.
- Outdoor competition will be postponed if the safety of the athletes is a concern and serious inclement weather is not imminent.

### Rain Plan



- In the event of rain, or an imminent shower, a “go or no go” decision will be made no later than 6:00 am on Saturday and by 7:30 am on Sunday. This decision will be posted as noted above.
- If the initial decision is to proceed, the decision will be reviewed by the venue director once the athletes have arrived at the venue. The Venue Director will report conditions to the GMT and a decision will be made as follows:
- If safety is an issue the competition will be postponed.
- If the weather forecast indicates worsening conditions, the competition will be cancelled.
- If competition is begun and the weather worsens later in the day, the venue director will have the authority to immediately suspend competition and consult with the GMT for a final decision.



## Rain and Drizzle Plans

- In the event of an early morning rain delay, all athletes will report back to their dorms. The GMT will continue to monitor the weather and make every attempt to begin competition if the weather improves. Any change in the delay status will be posted in:
  - The lobby of the dorms and
  - Operations Center



### SATURDAY DINNER AND DANCE Rain and Drizzle Plan

A decision about moving the Dance inside or staying outside because of rain will be made jointly by the Games Directors, and Special Events Committee by 5 p.m. Every attempt to keep to the original plan will be made with the athletes and participants' best interest in mind at all times.

In the event of light rain, drizzle or a more steady rain, the dance will be moved inside to:

- The Student Union Ballroom





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## Special Thanks

JN Philips Auto Glass  
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Wyckoff Country Club  
Town of Easthampton  
Town of Northampton  
Pioneer Valley Law Enforcement Community  
USSSA / New England Hall of Fame Committee  
Good Vibrations Music  
PGA of America  
Senator Brewer  
Costco  
Garlick Farms

TD Bank  
Polar Beverages  
Westover Golf Course  
Nonotuck Park  
City of Springfield  
Eagle Leasing  
Massachusetts Golf Association  
PGA of Connecticut  
Utz Chips  
Friendly's

Hannaford  
UMass-Amherst  
Blunt Park  
Ashland Lions  
Ocean Spray  
Rondeau Ice  
Department of Conservation  
Creedon & Company  
DC Rentals  
Coca Cola of Westborough  
Representative Smola

\*\*\*\*\* ALL VOLUNTEERS \*\*\*\*\*





## General Information

### Local Restaurants in the Amherst Area:

Rafters	422 Amity St, Amherst	413-549-4040
Hanger	55 University Dr	413-549-9461
Bub's BBQ	Rte 116N, Sunderland	413-548-9630

### Places on Route 9 Heading out to N. Hampton

The Diner	Stop and Shop Plaza, Russell St, Hadley	
McDonalds	377 Russell St Hadley	413-586-9878
Burger King	353 Russell St, Hadley	413-584-5110
Taco Bell	367 Russell St, Hadley	413-584-2877
KFC	3 S Maple St, Hadley	413-586-5723
Wendy's	376 Russell St, Hadley	413-586-4885
Applebee's	100 Westgate Ctr Dr, Hadley	413-253-5799
Pizza Hut	424 Russell St, Hadley	413-253-9787
Friendly's	455 Russell St, Hadley	413-253-7640
Chili's	426 Russell Street Rt 9, Hadley	413-253-4008
Pete's Burger Stand	287 Russell St Rt 9, Hadley	413-585-0241
Panera Bread	351 Russell St Rt 9, Hadley	413-387-6336
Hampshire Mall	367 Russell St Rt 9, Hadley	413-586-5700

### Downtown Amherst

The Pub	15 E Pleasant St, Amherst	413-549-1200
Bertucci's	51 E Pleasant St, Amherst	413-549-1900
Amherst Brewing Co	24 N Pleasant St, Amherst	413-253-4400
Subway	4 Main St, Amherst	413-256-1919
Antonio's Pizza	N. Pleasant St, Amherst	
Bueno y Sano	46 Main St, Amherst	413-253-4000
Pasta e Basta	26 Main St, Amherst	413-256-3550
Judies	51 N Pleasant St, Amherst	413-253-3491

**If you are planning on attending one of these restaurants, please call ahead for availability.**





**Special Olympics**  
Massachusetts

## August Tournament 2011 Evaluation

Are you a(n): (Circle all that apply) Athlete / Management Team / Official / SOMA Staff / Family Member / Spectator / Coach / Unified Partner / Volunteer / Other: \_\_\_\_\_

Please check the rating that most closely describes your evaluation of the indicated aspects of this event.

AREA OF EVALUATION	5	4	3	2	1	N/O*	Comments
Pre-Event Information (Schedule, Directions, etc)							
On Site Registration							
Food							
Facilities							
Special Events							
Competition							
Adequate No. of Officials & Volunteers							
Adequate Competition Site							
Adequate Staging of Athletes							
Rules followed							
Adherence to Schedule							
Appropriate Divisioning							
Awards							
Venues Adequately Identified (signage) and Decorated							

**\*Not observed**

**Please complete this form and return to:**

**Special Olympics Massachusetts**

**The Yawkey Sports Training Center**

**Attn: Terry Keilty**

**512 Forest St.**

**Marlborough, MA 01752**

**Thank you for your efforts on behalf of Special Olympics Massachusetts.**